

The Timing of the Universe

Hi yogis,

One of the most strange and wonderful aspects of our human existence is timing. The timing of the universe, the sort of timing over which we have no control is arguably one of the most powerful and deciding forces at play throughout the arcs of our lives.

We all have stories that are too good to be true, stories about meeting our best friend or our life long romantic partner through sheer happenstance. I struck up a conversation in a loud bar with one of my best lifelong friends.

I had a feeling even before the conversation really started that we were going to be immensely important in each other's lives in some fashion or capacity forever. The city we met in was one that we both were passing through temporarily. The timing of the universe was *everything* as we since have carried each other through hard times, even catastrophes in each other's lives on multiple occasions.

The timing of the universe sometimes introduces a person or an event in our lives that is supposed to be temporary. In many cases we have a very hard time understanding why. In other cases we even refuse to believe their role in our path is temporary. We fight it tooth and nail. That *never* works. If the connection is meant to be temporary, that is a serious intention from the universe and does by no means mean that that connection *is any less valuable*.

This temporary connection can be an intensely rewarding creative partnership for a musician or an actor. You make beautiful music or art together for a few months or even just a few days, perhaps even something that changes the professional and spiritual paths of both individuals, and then they never speak again.

This connection is profound, very much like two planets colliding in space with the collision resulting in both planets ending up in new orbits for the rest of their existence, an incredible and valuable force that changes everything about these planets from a collision that lasts a few seconds.

Now imagine for a second if this temporary force had lasted any longer, maybe the two planets would have rubbed against each other eroding everything good and special about them until they could no longer orbit at all.

When applying this example to the humans that cross our path it is clear to see that the ones that were meant to cause a tremendous impact temporarily can have a value that far outlasts their physical and mental immediate presence in our lives.

Our work is to not be needy or over analyze why these people and their energy is no longer present. Our work is to appreciate the astounding precision of the timing of the universe even when we, in the moment, strongly disagree with it.

Life unfolding is amazing, and unpredictable.

Blessings,
Rae Indigo

